***ABSTRACT***

***Mental Health Portrait Of Adolescents At State Senior High School 7 Denpasar***

*I Putu Duta Ryasa Ardana1, I Dewa Gede Candra Dharma2, Hendro Wahyudi3*

*1Program Studi Keperawatan Program Sarjana, STIKES Wira Medika Bali*

*Adolescent mental health is an important issue that needs special attention. This research aims to determine the picture of mental health in adolescents at SMA Negeri 7 Denpasar. This research used a quantitative descriptive method which was carried out on teenagers at SMA Negeri 7 Denpasar by providing a Strengths and Difficulties Questionnaire (SDQ) questionnaire, which was completed accompanied by an enumerator. The results of the research show that the characteristics of respondents are based on class with the majority being class Based on the research results, it shows that mental health based on weakness in teenagers at SMA Negeri 7 Denpasar is in the normal category as many as 194 people (61.6%), in the bonderline category as many as 98 people (31.1%) and abnormal as many as 23 people (7.3%). Meanwhile, mental health was based on strength among teenagers at SMA Negeri 7 Denpasar with 260 people in the normal category (82.5%), 35 people in the normal category (11.1%) and 20 people in the normal category (6.3%). Apart from that, mental health is based on emotional symptoms in teenagers at SMA Negeri 7 Denpasar with the majority being in the normal category of 205 people (65.1%), the bonderline category being 27 people (8.6%) and the abnormal being 83 people (26.3%). Efforts to prevent, provide assistance and increase awareness about mental health among adolescents are still needed to ensure optimal psychological well-being.*

*Keywords: Mental Health, Teenagers, SMA Negeri 7 Denpasar*