# ***ABSTRACK***

**Description of Interdialytic Weight Gain (IDWG) in patient with Chronic Kidney Disease (CKD) undergoing hemodialysis therapy at Wangaya Hospital**

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Interdialytic Weight Gain (IDWG) is an increase in body weight that occurs between two dialysis sessions due to fluid accumulation in the body. Excessive IDWG has serious impacts on patient health. Significant weight gain between dialysis sessions can lead to hypertension, an increase in the heart's workload. The aim of this study was to determine the description of Interdialytic Weight Gain (IDWG) in Chronic Kidney Disease (CKD) patients undergoing hemodialysis at Wangaya Regional Hospital. This research is a quantitative descriptive study with a sample of 86 respondents selected using a purposive sampling technique. The results showed that 27 respondents (31.4%) were > 55 years old, 36 respondents (41.9%) were male, with a history of elementary school education as many as 25 respondents (29.1%), the majority of respondents did not work as many as 32 respondents (37.2%), with a duration of hemodialysis for 1 year as many as 19 respondents (22.1%), and had a daily drinking amount of 300 cc as many as 24 respondents (27.9%). Most of the respondents experienced an increase in IDWG in the light category by 59 (68.6%) respondents. The majority of patients with Chronic Kidney Disease (CKD) have a mild IDWG, which indicates that awareness of fluid management and diet is quite good among patients, however, regular monitoring and ongoing education are still needed.

**Keywords : CKD, hemodialysis, IDWG**